

Ready To Make THE Change?

A CHECKLIST FOR CHRISTIANS



THEMEPROJECTACADEMY.COM

Hello Saint!



I know you want to go directly to the checklist, but I want you to know, that you are not alone. Being passionate for Christ can have it's highs and lows. So being able to stop life long enough to gauge where you are can help keep you on the right path.

This is something I had to learn the hard way. Maintaining spiritual disciplines have been a constant routine in my life. When you realize, what you are doing for Christ is no longer a joy, things can begin to get out of order.

My hope is that doing this checklist will help you gauge your passion level for the things of Christ. Revelation 3:16 warns us that being lukewarm results in being spit from the mouth of God. So take this checklist monthly. Regardless of your level (hot, cold, or lukewarm), God has a way of escape when you spend time hanging out with Him.

God loves you!

*SHALOM,
LYVITA*



THE SPIRITUAL ASSESSMENT CHECKLIST

This checklist provides tools to help you analyze your level of passion: Are you hot, cold or lukewarm? Check out Revelations 3:14-21. This is also the beginning of planning your next steps.

Read each item and place a check mark in the column that most nearly represents your evaluation.

1. I have a daily Quiet Time.

☐

No

☐

Yes

☐

Sometimes

2. I read my Bible daily.

☐

No

☐

Yes

☐

Sometimes

3. I keep a prayer list and pray for others and myself.

☐

No

☐

Yes

☐

Sometimes

4. I feel close to the Lord throughout the day.

☐

No

☐

Yes

☐

Sometimes

5. I study my Bible each week.

☐

No

☐

Yes

☐

Sometimes

6. I have goals for my life which I keep clearly in mind.

☐

No

☐

Yes

☐

Sometimes

7. I share my testimony with others when it's appropriate.

☐

No

☐

Yes

☐

Sometimes

THE SPIRITUAL ASSESSMENT CHECKLIST

Continue reading each item and place a check mark in the column that most nearly represents your evaluation.

8. Change is easy for me.

☐

No

☐

Yes

☐

Sometimes

9. I plan quarterly alone time with the Lord.

☐

No

☐

Yes

☐

Sometimes

10. I memorize a verse from the Bible each week.

☐

No

☐

Yes

☐

Sometimes

11. I take notes weekly of messages I have hear or from my Bible readings to apply it to my life.

☐

No

☐

Yes

☐

Sometimes

12. I try to stay aware of worldwide Christian related events.

☐

No

☐

Yes

☐

Sometimes

13. I believe I am especially designed by God for a purpose.

☐

No

☐

Yes

☐

Sometimes

14. I tithe to my church or a Christian organization.

☐

No

☐

Yes

☐

Sometimes

THE SPIRITUAL ASSESSMENT CHECKLIST

When you have finished checking each item on the previous pages, add up each column, placing the total below. Then complete the following statements.

Total Score:

No (COLD):

Yes (PASSIONATE):

Sometimes (LUKE WARM):

**Question 1: I feel that my score
does/does not adequately reflect my
passion for Christ because...**

Question 2: God is calling me to do...

THE SPIRITUAL ASSESSMENT CHECKLIST

Really take time to ponder these questions before writing your response.

Question 3: If I start doing what God's called me to do, this is what may cause me to be inconsistent or stop...

Question 4: Do you believe you will need help in order to be successful? Why or why not?



Now it's time to spend time alone with the Lord, listening. Listening for the Lord to guide you in what needs to be done to start moving forward on what He's calling you to do.

Step 1: Take three consecutive days to sit quietly before the Lord without interruptions.

Step 2: Share your concerns and then listen for 15 minutes.

Step 3: After 15 minutes, record your experience.

Step 4: Repeat the above steps until you feel at peace about making changes, God's given you your first step, or you have decided what day you will begin.

One Final Note

If you need more step-by-step guidance on getting started or resources to help you become consistent and diligent in moving forward...

**Here are 5 Disciplines,
and more
to get you started.**



[LEARN MORE](#)

The Me Project Toolkit:

For Believers who want to
connect with their calling to
go beyond just doing
but being
the person God's called you
to be.

